

Memory Information Session

A free session about your memory and how it works with tips and coping strategies to help with independence and signposting to useful services

Thursday 16 January 1.30–3.30pm

Winslow Community Library, Park Road, Winslow, MK18 3DN

This session is suitable for people who are concerned about their memory and for those supporting people with memory issues.

Places are limited and booking is required

Please contact: bucks.memorysupport@nhs.net or call 01296 718956 for further details, directions/parking and to register.



Together we are help & hope
for everyone living with dementia